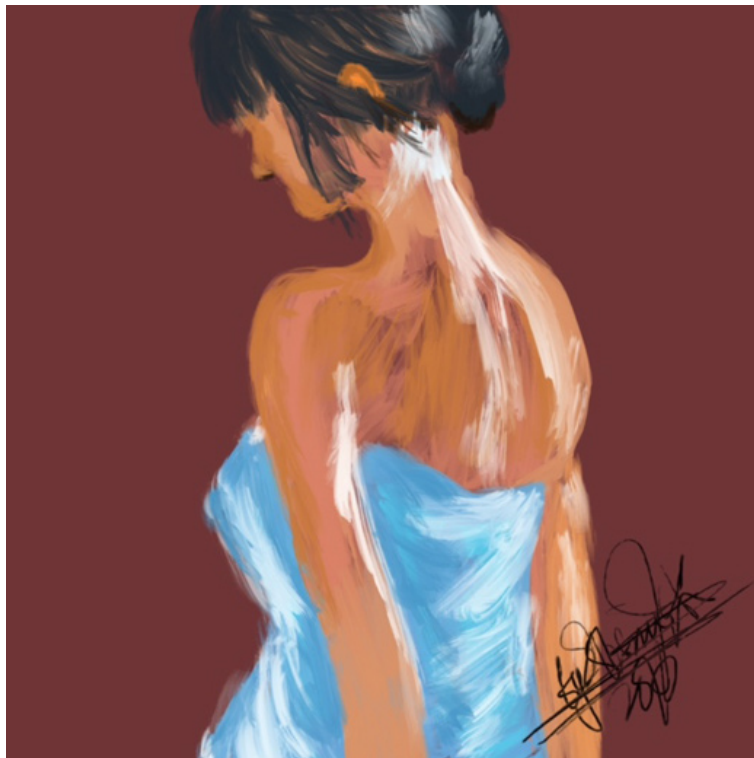


The long lonely journey.

Ebtisam Elghblawi

Confined struggled in my own darkness
Broken and shuttered
Fragile and frightened
Trying hard not to crack
Intense mental strain
Total physical drain
Screaming out loud for help
Fearing the unknown with great difficulty
How it feels to be helpless
How it feels to be broken
Feeling low and lonely
It's a slow process
Eating you up to the bone
The demon of the past roaring out of my unconscious
Awakens those engraved fears
The hardwired in us
Rising the high tide of panic shockwaves
Concerned and deeply worried
My life is on hold for ages
Sleepless countless nights
Breathlessness awful days
Seemingly digging in the ground alone
Long tiring hectic unpleasant path
Unavoidable gaps in the career
Some called it a rat race
Daunting unending examinations.
We are scared to say we aren't ok
But it's ok to be not ok
After all we are the same human beings
Prisoned into my own agony
Surrendered to sadness
Unfolding the psychological impacts
Longing for a loved ones to lean on
What is more?
Take a breath in and pause
A dim of light at the end of the tunnel showed up faintly
A glimpse to revive the weakened natural ability

Enlighten my way briefly
Guiding me through my long awaited journey, peacefully and wonderfully
To excel those frozen talents and skills
To reach the final destiny safely
Enchanted by the glare in lustre
Awaken the 'can-do-attitude' mode
Nor rigid neither rocky anymore
Unfolding the energy and dynamism inside
To embark into a long awaited goals
Optimistic and hopeful
Compassionate support
Unconditionally standing
The glory is booming on steadily
Moving me to excellency
I am ready and all for it
Mark me for a victory
Transformed by loneliness and fear



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